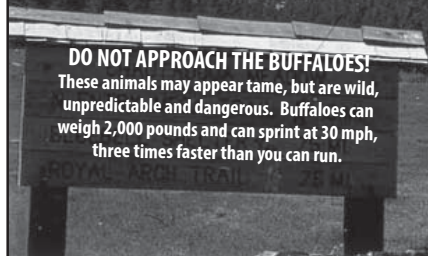


2013 COLORADO CROSS COUNTRY



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2012 TEAM FINISHES

	Men	Women
Pac-12 Championships.....	1/49pts.5/124	
NCAA Mountain Region.....	3/69 pts.3/104	
NCAA Championships.....	3/158 pts.24/519	
Letterwinners Ret/Lost	7/3	8/1
All-Americans Ret/Lost	2/1	1/0
Postseason Scorers Ret/Lost.....	6/1	5/2
Newcomers	5	8

*--all student-athletes have signed waivers disclosing their academic standing

COLORADO AT A GLANCE

Location	Boulder, Colo. (102,500)
Founded	1876
Enrollment	29,884
Colors	Silver, Gold and Black
Nickname	Buffaloes (Bufs)
Home Course	Buffalo Ranch at So Campus
Distances	5,800-m (women), 8k (men)
Elevation	5,435 feet above sea level
NCAA Affiliation	Division I
Conference	Pac-12(Joined 2011)
President	Bruce Benson
Chancellor	Phil DiStefano
Faculty Athletics Representative	Dr. David Clough
Athletic Director	Mike Bohn
Senior Woman Administrator	Ceal Barry

CROSS COUNTRY INFORMATION

Head Coach	Mark Wetmore (19th Season)
Associate Head Coach	Heather Burroughs
Assistant Coach/Recruiting Coordinator	
.....	Billy Nelson
Director of Operations	Karen Lechman
Cross Country Office	303/492-5227

SPORTS INFORMATION

Cross Country Contact	Linda Sprouse
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Internet	www.CUBufs.com
Twitter	@cubuffstrack
Facebook	facebook.com/cubuffstrack

PRACTICE SCHEDULE

Mondays	2 p.m. (Fieldhouse)
Tuesdays	2 p.m. (Fieldhouse)
Wednesdays	2 p.m. (Fieldhouse)
Thursdays	Off
Fridays	6:30 a.m. or 2 p.m. (Fieldhouse)
Saturdays	Raceday
Sundays	8 a.m. (long runs off campus)

PHOTO CREDITS: Chip Bromfield, Cliff Gasmick, Brian Lewis, CU Photo Office, Gary Ahearn, Patrick Collard, Heather Burroughs, Allison Wade, Cheryl Tregworthy, Andrea DuBay, Mark Foos, Casey Cass and Geoff Thurner

2013 SCHEDULE

Buffalo Ranch @ South Campus, BOULDER
Buffalo Ranch @ South Campus, BOULDER

Aug. 31	Alumni/Open/Time Trial
Sept. 28	ROCKY MOUNTAIN SHOOTOUT
	9 a.m. Women's 5.8k
	9:45 a.m. Men's 8k
Oct. 19	at Pre-NCAA Invitational
Nov. 2	Pac-12 Championships
Nov. 15	at NCAA Mountain Region Championship
Nov. 23	at NCAA Championships
Feb. 15	at USATF Cross Country Championships
TBA	at IAAF Cross Country Championships

Terre Haute, Ind.
Coal Creek Golf Course, Louisville, Colo.
Ogden, Utah
Terre Haute, Ind.
Flatirons Golf Course, BOULDER
TBA